



Ontario Minor Hockey Association Game Day Coaches Clinics

The Ontario Minor Hockey Association (OMHA) is pleased to announce 'Game Day Coaches Clinic' for members of the OMHA.

Game Day Coaches Clinics provide coaches with the opportunity to learn and interact with professional coaches at the junior and pro levels. Interactive sessions will include Game Day preparation, technical and tactical skill development, special teams, offensive & defensive concepts, advice on equipments and training & nutrition. Coaches then get to watch these theories put into practice with a ticket to an OHL or AHL game.

The clinic includes: Presentations, Drill Pack, 5 CEP Points, Dinner or Lunch, and a ticket to the game

Coaching Certification

Earn 5 points towards your coaching certification at an **OMHA Game Day Coaches Clinic**. The OMHA Continuing Education Program [CEP] provides OMHA coaches the following options of:

- Renewing their coaching certification through a Refresher Clinic or
- By earning points through activities recognized by CEP. A total of 20 points over three years will re-certify coaches.

Visit www.OMHA.net for more information

Upcoming Clinics

Date	Host
Jan. 31/10	Oshawa Generals
Feb. 20/10	Peterborough Petes

Please continue to check the OMHA website for more additional Game Day Coaching Clinics

Special Pricing for 2009/2010

To encourage you to experience all the benefits of a Game Day Coaches Clinic we are offering special pricing for the 2009/2010 season. Register 5 coaches for the price of 4. This special pricing results in \$50 savings.

CONTACT: DEREK POLOWYK (905) 780-2175 or derek.polowyk@omha.net