



HOCKEY TRAINERS CERTIFICATION PROGRAM (HTCP) OVERVIEW

The HTCP is a risk management and safety education program for the volunteer hockey trainer. The ultimate goal of the program is to have all Hockey Trainers implement effective risk management on their own teams, where safety is the first priority at all times, both on and off the ice. All Hockey Trainers should utilize a proactive, preventative approach to safety while being prepared to react in the event of accidents, injuries or medical emergencies.

The HTCP is designed to educate people in the prevention, recognition and treatment of hockey related injuries. The HTCP offers three levels of certification, which are designed to assist the individual trainer as his or her experience grows. Program content, administration and policies are established through the HOCO Trainers Committee and through consultation with Hockey Canada's National Trainers Committee.

HTCP LEVEL I CLINIC

The HTCP Level I program is the introductory level of the program, which introduces the participant to the principles of injury and risk management. Topics include:

- ❖ Hockey Trainer's Responsibilities
- ❖ Code of Ethics / Fair Play Codes
- ❖ Risk Management
- ❖ Medical History Files
- ❖ Abuse and Harassment
- ❖ Emergency Action Plan
- ❖ Protective Equipment
- ❖ Injury Prevention Techniques
- ❖ Injury Management Principles
- ❖ Recognition of Life Threatening Injuries
- ❖ Soft Tissue Injuries
- ❖ Spinal Injuries/Concussions
- ❖ Removing Players From Action/Coordinating Return to Play
- ❖ Nutrition and Hydration, Hygiene, Performance Enhancing Drugs HIV and Hockey, Exercise Induced Bronchospasm

Clinic Length

The HTCP Level I Clinic requires a minimum of 7 hours and 30 minutes to cover the content of the program.

Guidelines & Considerations

1. 100% attendance is mandatory.
2. Examination in class is 75% passing grade
3. Re-certification is required every 3 years with a universal expiration date of August 31/yr.
4. No equivalencies are permitted

Minimum Age to Attend

A participant must be a minimum of 16 years of age to be certified.



HTCP LEVEL I REQUALIFICATION CLINIC

OMHA Development and the OMHA Trainers Technical Committee is pleased to announce the implementation of the HTCP Level I Trainer Requalification clinic. This means that Trainers who are certified at Level 1 will be able to attend a 4-hour clinic to re-qualify their certification.

Rationale

Participants whose HTCP certification has a 061TR##### number OR 062TR##### (Certification expires on August 31st, 2006) may re-qualify by participating in a 1/2 day program format as outlined below and by achieving a passing mark on the standard Level I exam. The 1/2 day format will be hosted separately from regular clinics and will only be available for participants who are re-qualifying following attendance at a full Level I clinic.

Clinic Length

The Level I Requalification Clinic requires a minimum of 3 hours and 50 minutes to cover the content of the program.

Guidelines & Considerations

1. Participants attending a Requalifying Clinic must utilize the current participant manual in use for regular Level I clinics in that season.
2. The re-qualifying participant must complete the full Level I examination in effect for that season.
3. 100% attendance is mandatory.

Eligibility

The clinic is available for participants whose HTCP Certification is expiring on the current August 31st, of the current year. This course will only be available for participants who are requalifying for the first time following attendance at a full Level I clinic.

Minimum Age to Attend

A participant must be a minimum of 16 years of age to be certified.



HTCP LEVEL II CERTIFICATION

The HTCP Level II program has been designed to be flexible with the participant in mind. This level has several avenues that the participant can choose from to obtain certification in the Level II program.

The minimum qualification for obtaining status as a Level II certified trainer is a current Level I HTCP certification along with a Standard First Aid certification from a recognized first aid provider group. The first aid card must also be valid for the entire hockey season (September to April). Expiration dates will vary according to the guidelines established by the first aid provider.

To upgrade your HTCP Level I certification to Level II, please submit the following to the OMHA Office:

- ❖ Your complete name and contact info including phone number & email address
- ❖ Date of Birth
- ❖ Your current HTCP Level 1 certification number
- ❖ Copy of your Standard First Aid certification
- ❖ \$10.00 upgrade fee payable by cheque or credit card (Visa, M/C)

HTCP LEVEL III CERTIFICATION

The HTCP Level III is an advanced pilot program, providing the participant the opportunity to enhance their skill and knowledge level. The course is open to trainers regardless of the age group they are currently working with. Participants must currently be a certified Level II trainer.

The OMHA does not offer Level III Trainer clinics. However, the HDCCO offers Level III clinics. If participating with an OMHA team, you would then need to convert your certification to an OMHA number.

Here's a link to their site and clinic listing:

http://www.hdco.on.ca/web_pages/trainers_clinic.html