



OMHA Coach Mentorship Program

Coach Observation & Feedback

Coach Self-Assessment Coach Observation - Observer: _____

COACH: _____ DATE: _____

LOCATION: _____ TEAM: _____

RATING SCALE: 3 - Above Expectations 2 - Meets Expectations 1 - Needs Work N/A - Not Applicable

PRE-PRACTICE PREPARATION					
Objectives:		3	2	1	N/A
- Have identified specific technical and tactical objectives		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization:		3	2	1	N/A
- Pre-ice presentation, preparation of assistant(s)		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Equipment required					
Practice Outline:		3	2	1	N/A
- Clear, organized, diagrams, includes warm-up and cool-down, related to stated objectives		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Components of Yearly Plan:		3	2	1	N/A
- Practice plans fit into yearly plan		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Objectives and drill progressions relate to previous practice					

PRACTICE					
Use of Drills:		3	2	1	N/A
- Full participation		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Teach skills/tactics effectively					
- Use drill progressions from simple to complex					
Teaching Techniques:		3	2	1	N/A
- Allowed time for teaching and demo		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Demonstrations are effective					
- Effective use of voice and body language					
Error Correction:		3	2	1	N/A
- Immediate and appropriate feedback to players		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Repetition of drills where necessary					
Rapport with Players:		3	2	1	N/A
- Positive Communicator		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Non-threatening, relaxed atmosphere					
- Evidence of player enjoyment					
Organization:		3	2	1	N/A
- Use full ice surface when necessary & appropriate		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
- Attention to risk management					
- Follow practice outline					
- Use of on-ice assistant(s) - support personnel					

REFLECTION	
3 THINGS THAT WENT WELL:	3 THINGS TO IMPROVE ON:
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____

NOTES

