

ONTARIO MINOR HOCKEY ASSOCIATION



PROGRAM OF EXCELLENCE
GRIMSBY REGIONAL UNDER-17 CAMP



APRIL 17 - 19, 2009

FRIDAY APRIL 17, 2009

12:30 - 1:00 P.M.	REGISTRATION	- ALL PARTICIPANTS
1:00 - 3:30 P.M.	FITNESS TESTING	- ALL PARTICIPANTS AND CAMP STAFF
3:30 - 3:45 P.M.	CAMP ORIENTATION	- CAMP PARTICIPANTS AND PARENTS
3:45 - 5:15 P.M.	"HOCKEY CAREER OPTIONS"	Mandatory For Participants. Parents welcome
5:15 - 6:15 P.M.	DINNER BREAK	PLAYER AND PARENT RESPONSIBILITY
6:30 - 7:30 P.M.	PRACTICE	BLACK AND RED
6:30 - 7:30 P.M.	MEET WITH COACHES	GOLD AND WHITE
7:40 - 8:10 P.M.	PRACTICE	GOALTENDERS
8:20 - 9:20 P.M.	PRACTICE	GOLD AND WHITE
8:20 - 9:20 P.M.	MEET WITH COACHES	BLACK AND RED

SATURDAY APRIL 18, 2009

9:00 - 11:00 A.M.	Game #1	BLACK vs. RED	
9:00 - 11:00 A.M.	SEMINAR	GOLD & WHITE	REFEREES
11:00 - 1 P.M.	Game #2	GOLD vs. WHITE	
11:00 - 1 P.M.	SEMINAR	BLACK & RED	REFEREES
1:00 - 2:00 P.M.	LUNCH	ALL PARTICIPANTS	LUNCH PROVIDED
3:00 - 5:00 P.M.	Game #3	BLACK vs. GOLD	
3:00 - 5:00 P.M.	SEMINAR	RED & WHITE	WORKSHOP
5:00 - 7:00 P.M.	Game #4	RED vs. WHITE	
5:00 - 7:00 P.M.	SEMINAR	BLACK & GOLD	WORKSHOP

SUNDAY APRIL 19, 2009

8:00 - 10:00 A.M.	Game #5	BLACK vs. WHITE	
10:00 - 12:00 NOON	Game #6	RED vs. GOLD	
12:30 PM	CAMP STAFF AND PERSONNEL LUNCH AND EVALUATION		

NOTES: 1) Period 3 of games 3 and 4 will be played as "POND HOCKEY".

Coaching Staff will advise players of procedures and strategies for this exciting period.

All games consist of three 30 minutes straight-time periods.

**2) ALL PLAYER PARTICIPANTS MUST ATTEND ALL SEMINARS
AS SCHEDULED AT CAMP**

Parents are encouraged to attend the seminar "Hockey Career Options" and are welcome to attend other seminars as space permits.

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EXCELLENCE



GRIMSBY REGIONAL UNDER-17 CAMP APRIL 17 - 19, 2009

CAMP STAFF

CAMP CO-CHAIRS

Dominic Caluori
Bill Leask

OMHA BOARD MEMBERS

Joyce Junker - V.P. Western District
Sue Michalski

REFEREE COORDINATOR

Chuck Farkas

CAMP EVALUATORS

Ralph Nielsen
Neil Skirving
Dave McLaren
Bryon Jackson
Dan Foran

GUEST PRESENTERS

Chuck Farkas
Ben Craig

HEAD TRAINER

Tony Caravaggio

