

Hockey Canada - SKILL CHECKLIST

Novice Program



PLAYER NAMES

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SKILLS																			
22. Backwards Striding																			
23. Moving to Space																			
24. Stationary Shooting																			
25. Backwards Striding																			
26. Bwds X-over Start																			
27. Passing and Moving																			
28. Front Crossover Start																			
29. Flip Pass																			
30. Puck Control Fakes																			
31. Pass & Follow																			
32. Skating Fakes																			
33. Give and Go																			
34. Angling																			
35. Stick Checks																			
36. Net Drive																			
37. Drive Delay																			
38. Gap Control																			
39. Open Ice Angling																			
40. Breakouts intro																			
41. Support																			

REFERENCES:
 1 = NEEDS WORK
 2 = AVERAGE
 3 = GOOD

Coach / Evaluator : _____
Date : _____

