

INTERNATIONAL ICE HOCKEY FEDERATION



COACH DEVELOPMENT PROGRAM

Level I
COACH MANUAL



FAIR PLAY 
AND RESPECT

Revised and published in 2002 by the International Ice Hockey Federation, Parkring 11, 8002 Zürich, Switzerland

Phone: +41-1-289-8600

Fax: +41-1-289-8622

Internet: www.iihf.com

E-mail: iihf@iihf.com

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ACKNOWLEDGEMENTS

The International Ice Hockey Federation wishes to express its appreciation to the following who contributed their time and expertise in the production of this manual.

IIHF Coaching Committee

IIHF Medical Committee

IIHF Legal Committee

IIHF Instructors

National Association Instructors

IIHF Coach Development Program Manual Work Group

The IIHF would like to thank the people not mentioned that have contributed to the International Ice Hockey Federation Coach Development Program.

INTRODUCTION

Welcome to the IIHF Coach Development Program Level 1 Coach Manual. This is the first of four levels of coaching education that will be offered by the IIHF.

The objectives of the IIHF Coach Development Program are:

- To cooperate with National Associations in a “Partnership for Progress” to educate the coaches within their country.
- To provide coaches from around the world with the most current coaching information and technology.
- To take a pro-active role to solve the coaching challenges in modern day hockey.
- To encourage coaches to provide a positive, fun and healthy atmosphere for the growth and development of hockey players.

For Level I and II there are coach manuals which the coaches can use as a reference guide to help them in their development and education. Level III and IV progress from the first two levels and they will be taught in a seminar lecture format with tasks or take-home assignments. The information that is offered in Level III and IV will further refine in a progressive manner the information from Level I and II and will introduce new material that is necessary for top level coaches to improve their coaching skills and knowledge.

IIHF National Associations are encouraged to use the IIHF Coach Development Program resource materials, either as a supplement to existing programs which exist in their country, or as their core program to educate their coaches.

The IIHF Coach Development Program is designed to be used by all IIHF National Associations in a “Partnership for Progress” to make hockey a positive experience for boys and girls, and men and women around the world.

FORMAT OF THE MANUAL

The IIHF Coach Development Program Level I Coach Manual is divided into ten subject areas that include the following major coaching areas of emphasis:

- Leadership
- Teaching/Learning
- Organization and Planning
- Communication
- Physiology
- Psychology
- Technical
- Tactical
- Safety and Risk Management
- Rules and Regulations

These ten subject areas are further divided into 25 topic areas that will enhance the dedicated coach's knowledge and expertise in the many exciting facets of coaching.

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